



# ANNUNCIATION CATHEDRAL HERALD



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JULY - AUGUST 2007



Shown in the photo, taken during the June 2, 2007 fund raiser, held at the Annunciation Cathedral, San Francisco, are Ariana, held by her mother, Bertha Kallas.

## OVER \$100,000 RAISED FOR ARIANA'S CURE!

Parishioners and friends of the Cathedral and of the Kallas family—some 550 in all—attended a gala dinner at the Cathedral Saturday, June 2 and helped raise over \$100,000 for Ariana's cure. The money came from the dinner proceeds, a silent auction, which featured over 120 items(!), a raffle, donations received through the Annunciation Cathedral's web site, [annunciation.org](http://annunciation.org), as well as monies sent from area churches and organizations. All expenses for the event were covered by donations. Therefore, whatever was raised is being sent directly for Morquio research. Morquio Syndrome is a rare disorder which affects children, causing abnormal physical development, and leading to premature death. Only about 350 children in America are affected by this disease. Steps, however, are being taken to reverse the abnormal growth. Research has shown that the disease is caused by a missing enzyme. If that enzyme could be introduced at the earliest possible age, argues Dr. S. Tomatsu, the researcher at St. Louis University Medical School who has isolated the enzyme, the abnormality could be arrested and the skeletal system can grow in a normal fashion. Dr. Tomatsu presented a power point presentation, which the guests watched attentively (one could hear a pin drop during the presentation). A clinical trial phase of the research, funding permitting, will go into effect in 2008. Also attending were Mary Smith, President of the International Morquio Organization and her daughter, Carol Ann Smith, for whom a foundation is named. Additional information may be obtained by going to [arianasure.com](http://arianasure.com). Meanwhile, Ariana's devoted dad, **George Kallas**, has forward links to two segments, which were aired by local television stations, and which one may view on line. These are: KTVU Channel 2-San Francisco 5/29/07 <http://www.youtube.com/watch?v=IXxuzjnY-vo> and KRON Channel 4-San Francisco 5/29/07 [http://www.youtube.com/watch?v=j6B3kBPR\\_J8](http://www.youtube.com/watch?v=j6B3kBPR_J8).

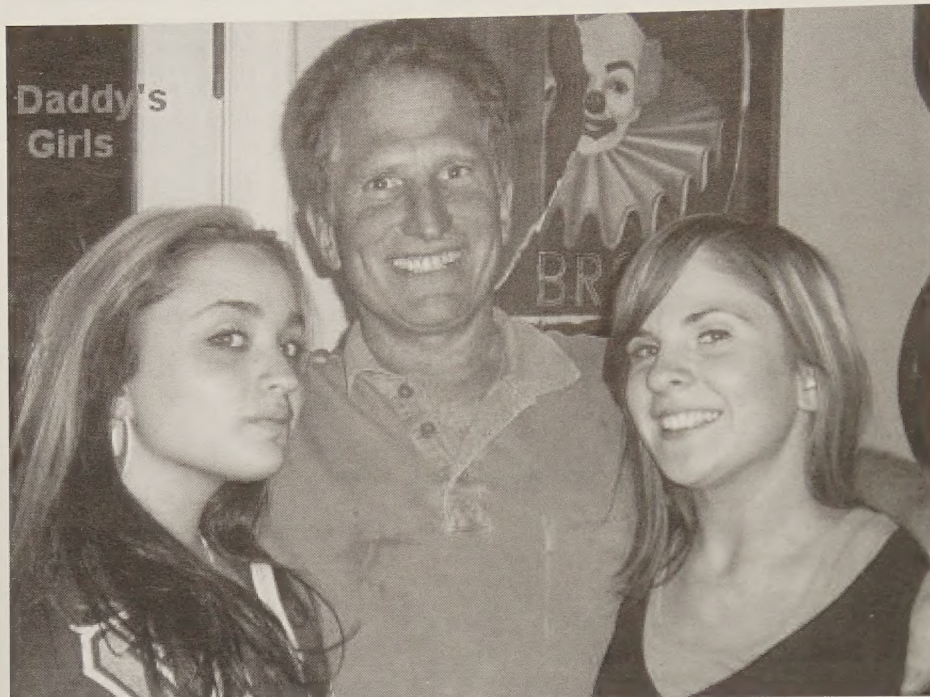
## MICHAEL CANELLOS PROCLAIMED FATHER OF THE YEAR!

On, Sunday, June 17—Father's Day—the Cathedral Ladies Philoptochos offered a wonderful brunch to honor all fathers and scholarship recipients. A gift of the Philoptochos, the brunch was prepared by **Ted Leventis** and his dedicated volunteers, and featured mimosas, fresh fruit, pastries, and many breakfast items. As the event got underway, **Father Stephen** went to the microphone and, on behalf of the Cathedral family, proclaimed **Michael Canellos** 2007 Father of the Year.

Michael was born in San Francisco on May 27, 1947 to John and Mary Canellos. They had a daughter, Joanne and, with the birth of Michael, their family was complete. Michael was baptized at the Annunciation Cathedral, and went on to attend Sunday School and to participate in its basketball program. His grandparents, Maria and Nicholas Saribalis, were among the founders of the original Cathedral.

Growing up in Lakeside Village, Michael attended Commodore Sloat Grammar School, where he was elected Athletic Manager. He went on to Aptos Junior High School, where he lettered in track and in baseball. Unknown to most, he not only sang in the school choir, but was also selected to be a member of the San Francisco Boys Choir. In his senior





Mike Canellos shown with his daughters, Mary and Kimberly

year, he was elected Vice President of the Aptos Student Council. In 1962, Michael placed first in the 50 yard dash and third in the brad jump in the San Francisco City Finals for 15-year olds. In 1963 he attended Lowell High School, where he lettered in track, baseball, and football. In 1964, he received the most valuable offensive player award in football and, in 1965, he was a finalist in the Northern California Greek Athlete of the Year Award. During this period, he participated in numerous baseball and softball leagues throughout the area, a passion that lasted into his 40s.

Upon graduating from Lowell, Michael attended City College and, later, transferred to Golden Gate University, where he lettered in baseball, majored in economics, and minored in history. While at Golden Gate, he also made the dean's list. Upon graduation, he attended the Golden Gate University School of Law, but chose not to pursue a career in law. In 1976, **Father Theophilos'** daughter, Joanna, asked Michael to consider coaching

basketball for three weeks, just until they could find a permanent coach. At the time, Mike was coaching little league baseball and assisting the blind to play baseball. Thirty-one years later, Mike is still at the Annunciation, coaching basketball. They original group of youngsters now have children of their own, and Mike is coaching some of them. Those who know Michael well, know he is a kid at heart: he still plays with children and is so loved by them. Children have kept him young—he can recall every game and every child he ever coached.

If children come first, then his love for the Ladies Philoptochos comes a very close second. All he ever talks about, according to his wife, **Ellen**, is the hard work and the good that the Philoptochos does. Getting back to life's turns, when Mike graduated from law school, he purchased a 7-11 in San Bruno. A few years later, a young woman with a child (who, he thought, was her little brother) walked in to buy the little boy a slur-

py. The rest is history. Mike and Ellen were married. Ellen always jokes that she walked in for a slurpy and walked out with a husband. And, in all this, the little boy, **George**, walked out with a dad. The couple were blessed with their first daughter, **Mary**. Seven years later, they were again blessed with a second daughter, **Kimberly**. To his family, Michael is arguably the best father in the world. In their view, and in ours, Mike is a perfect choice for Father of the Year. *Axios!*

## DR. TOMATSU WRITES

Following what was surely a most memorable evening, when we all banded together, in faith, to raise funds for Ariana's Cure, Dr. Tomatsu sent us the following letter. We would like to share it with you:

Thanks for organizing the Morquio event. I really appreciate your efforts. To raise over \$100,000 is not easy at all.

I have enjoyed the event a lot with the atmosphere at the the Greek Church. This is quite awesome to have such a big event in San Francisco. I strongly thank you, your family, the many volunteers, and the local community.

Especially, it is a big surprise that Tom Hanks now has known Morquio and our research activity. I hope more people are aware of Morquio and the importance of the development of the drug.

Thanks again!

Dr. T





## CONGRESS SPEAKS OUT IN SUPPORT OF HUMAN RIGHTS IN TURKEY

**T**om Lantos, Chairman of the Congressional Committee on Human Affairs, recently sent a letter to the Prime Minister of Turkey deploring the plight of the Ecumenical Patriarchate and, specifically: 1. Turkey's "longstanding unwillingness to recognize the Ecumenical Patriarchate as ecumenical," 2. Turkey's "continued involvement in the process of selecting the Ecumenical Patriarch and by...continued insistence that he be a Turkish citizen," and 3. Turkey's "expropriation of lands belonging to the Ecumenical Patriarchate." The letter was co-signed by an additional forty-one members of the U. S. House of Representatives.

The plight of the Ecumenical Patriarchate, well-known to us, affects us directly, inasmuch as we are under its direct jurisdiction. It also affects the entire Orthodox Christian world, inasmuch as the Ecumenical Patriarch is considered the "first among equals" within the 350-million member Orthodox Church. Additionally, it affects Christianity, in particular and people of all religions, in general, insofar as it curtails the freedom of religious practice. Parishioners of the Annunciation Cathedral are asked to write a letter to Congressman Lantos, thanking him for his defense of the Ecumenical Patriarchate. Letters should be addressed: **The Honorable Tom Lantos**, Chairman, Committee on Foreign Affairs, U.S. House of Representatives, Washington, D.C. 20515.

## FOCUS ON YOUTH

### THIRD ANNUAL BASKETBALL CAMP

**A**ttention, Annunciation Cathedral youth: We are excited to announce our **third annual Youth Basketball Camp**. Beginning **Monday, July 16** and ending **Friday, July 20**, boys and girls, ages 8 through 17, are invited to participate in the camp, which will take place at the Cathedral's Korinthias Center, 10 a.m. to 3 p.m. each day. Fliers and registration forms are available at the Cathedral office. You may pick one up, request that one be mailed to you, by calling 415 864-8000 or, for more information, contact **Mike Canellos**, at 415 864-8815.

### SCHOLARSHIPS AWARDED

**O**ne of the many programs which impact our youth is the Cathedral's scholarship program. Every year, thousands of dollars are given to deserving students who are continuing their education beyond high school. On Sunday, June 17, five scholarships were awarded, as follows: **Nicholas Manuel Balian** was awarded the Cathedral Ladies Argyres Scholarship; it was presented by **Ackie Argyres**. **Yannis Paulus** was awarded the Dr. Anthony P. Bagatelos Scholarship; it was presented by **Emily Bagatelos**. **Juliana Christina Rotter** was awarded the Cathedral Ladies Philoptochos Scholarship; it was presented by **Angie Leventis**, President of the Cathedral Ladies Philoptochos. **Constantine Tsagaris** was awarded the Christos Tsikitas Scholarship; it was presented by **Tom Nuris**, President of the Parish Council. **Nicholas Tsougarakis** was awarded the **John N. Pappas** Scholarship; it was presented by **Patricia and Deedy Aleck**.

In presenting the 2007 Argyres Scholarship to Nicholas Manuel Balian, Ackie Argyres noted: the son of Robert and Annamarie Balian, and brother of Nicole, Nicholas Balian currently attends the College of San Mateo. He wants to pursue a career in animation at the Academy of Art in San Francisco. An active member of the Annunciation Cathedral's youth, Nicholas is active outside the church, as well. While in high school he served as publicity officer for his class, creating fliers, banners and designing class apparel. In 2005 he was nominated for best actor by the American Musical Theater of San Jose for his portrayal of the cat in the hat in the school's musical. In 2006 he won best supporting actor for his portrayal of Cornelius Hackl in Hello Dolly. He was also presented with the outstanding service award from the faculty and staff of his high school last year. *Axios*.



Ackie Argyres presents the Cathedral Ladies Argyres Scholarship to Nicholas Manuel Balian.





Emily Bagatelos presents the Dr. Anthony P. Bagatelos Scholarship to Yannis Paulus, as Father Stephen looks on.



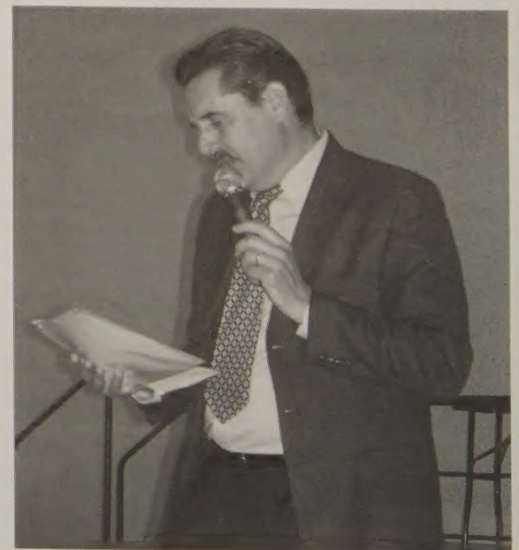
Angie Leventis presents the Cathedral Ladies Philoptochos Scholarship to Julianna Christina Rotter.

In presenting the 2007 Bagatelos Scholarship to Yannis Paulus, Emily Bagatelos noted that Yannis is a second year medical student at Standord School of Medicine. He moved to the Bay Area in 2007 after graduating from Harvard College and since then has embraced the Bay Area as his new home. He attends Holy Cross Greek Orthodox Church in Belmont and sings in the choir there, along with being President of the Orthodox Christian fellowship at Stanford. His parents are both Greek and his Greek identity is an integral aspect of his life. Yannis maintains an excellent academic record and is praised for his dedication, passion for teaching, and his professionalism by professors and peers alike. It gives us great pleasure to present the 2007 Dr. Anthony P. Bagatelos Scholarship to Yannis Paulus. *Axios.*

In presenting the 2007 Philoptochos Scholarship to Juliana Christina Rotter, Angie Leventis noted: the daughter of John and Barbara Rotter, and sister of Stephanie, Julianna continues to excel in her studies at MIT (Massachusetts Institute of Technology), where she maintains an outstanding GPA. Known to us as the winner of several St. John Chrysostom Oratorical Festivals, Juliana excels in many other areas, including research, athletics and community service. Her recent research includes the UC Berkeley Exercise Research Lab, the MIT Edelman Cardiovascular Research Lab and the MIT Wolfe Visual Research Lab. Her involvement in athletics has earned her a letter in Varsity Women's Hockey, a letter in Varsity Women's Crew, and a letter in Varsity Women's Lacrosse. Juliana is preparing for a career in medicine. *Axia.*

In presenting the 2007 Christos Tsikitas Scholarship to Constantine Tsgaris, Tom Nuris noted that Dean is entering his last year law school, at San Francisco Law School. His career objectives are (what else?) to practice law. The son of George and Eleni Tsgaris, and brother to Maria, George, and Ditti, Dean has managed to remain on the Dean's List while also working full-time. Currently he works at Harowitz & Tigerman as a law clerk and is the new business development coordinator at CJK Design Group. In spite of his work load, he has found the time to be involved in the Cathedral's youth programs, as an acolyte and basketball player. Before coming to the Annunciation, Dean served as a counselor at St. Nicholas Ranch and the Camp Angelos Summer Camp. He has also served as an officer of GOYA and JOY, and the Sons of Pericles. *Axios.*

Tom Nuris presents the Christos Tsikitas Scholarship to Constantine Tsgaris.





In presenting the 2007 John N. Pappas Scholarship to Nicholas Tsougarakis, Pat Aleck noted: the son of Roxana Tsougarakis, and the late Tony Tsougarakis, and brother of Katherine, "tsougy" will be attending the University of California, Davis. He is planning a career in chemical engineering. An active member of the Annunciation youth, Nicholas strives for academic excellence. He is recipient of a DePaul Scholar Medal and the Presidential Award for academic excellence. He is also a member of the First Honor Roll at Sacred Heart Cathedral Prep, where he has maintained a nearly straight A average. Nick is a conscientious young man who, in spite of the loss of his father at a very young age, has accomplished a lot, academically and athletically, and as a Boy Scout. *Axios.*

Pat Aleck presents the John N. Pappas Scholarship to Nicholas Tsougarakis.



## **NATIONAL YOUNG ADULT RETREAT SEPT. 14-16**

**T**he retreat will take place at Hellenic College/Greek Orthodox School of Theology, Brookline, MA, and will feature Father Luke Veronis as Keynote Speaker. Young Adults, ages 18-35, are invited to participate. For further information, please log on to [www.youth.goarch.org](http://www.youth.goarch.org).

## **NATIONAL YOUNG ADULT PILGRIMAGE NOV. 2-10**

**T**he pilgrimage to Florence, Ravenna, and Constantinople will be led by **His Grace Bishop Savas of Troas**. Young Adults, ages 18-35, are invited to participate in this historic journey. For further information, please log on to [www.youth.goarch.org](http://www.youth.goarch.org) or call 646.519.6180.

## **ANNUNCIATION CATHEDRAL CAMP AUGUST 2-7**

**N**ow in its 8th year, the Cathedral's family camping trip will take place Thursday, August 2nd through Tuesday, August 7th at the Casini Ranch Family Campground, nestled along the historic Russian River. Consisting of 120 acres, the camp site features a mile of sandy waterfront, where some of our water activities take place. In addition, we offer hiking, bicycling, volleyball, softball, horseshoes, fishing, and arts and crafts. For those who don't mind "roughing it," as long as it's not too excessive, the site offers a general store, hot showers, and a Laundromat. Please see the enclosed flyer for directions, and rates, or call Patty Rally. Reservations and fees are due no later than July 11.

## **ST. NICHOLAS RANCH SUMMER CAMP 2007: SPOTS STILL AVAILABLE**

Spots are still available for campers at the Metropolis Summer Camp at St. Nicholas Ranch! There's no question that camps and retreats have continually proven to be a positive and life-transforming experience that strengthens the faith of our young people. Youth of the Metropolis who are 8-17 years old are invited to be campers. Each session is one week. Session 1 begins on Saturday July 8th, Session 2 on July 15th, and Session 3 on July 22nd. Summer Camp is a week of fun, fellowship and faith-building. Campers will have the opportunity to meet other youth from different regions of our Metropolis, while participating in the following camp activities: campfires, theater, hiking, pool time, Olympics, athletics, Orthodox Life sessions, stargazing and much more. Additional information, including downloading of the necessary forms, are available by logging on to the Youth and Family Ministries webpage, <http://www.youth.sanfran.goarch.org/>

Family Ministries Director Pete Sotiras may also be contacted at 415 753.3075 (office) or 415 753-0065 (fax), or by e mail, [sfyouth@sanfran.goarch.org](mailto:sfyouth@sanfran.goarch.org)





## AUGUST: A SACRED MONTH

Those who have been to the Mediterranean in August know it is the hottest month. People seek the shelter of the shade to shield them from the scorching heat. It is not simply coincidence, therefore, that the Church, since its inception, designated August a sacred month, which includes three of its most holy days: Metamorphosis (or Feast of the Transfiguration), Koimisis (or Feast of the Dormition), and the Beheading of John the Baptist.

The Feast of the Transfiguration, August 6th, commemorates the event described in the Gospels which was witnessed by a few of the disciples: they saw Jesus, who had taken them up a mountain in order to pray, “transfigured before them, and his face shone like the sun. And behold, there appeared to them Moses and Elijah, talking with him.” (Matthew 17:2-3) An event they could not comprehend until after the Resurrection, when they understood it to be a theophany: Jesus was becoming known to them in his true nature, as God.

The Feast of the Dormition commemorates the death of Mary, the Theotokos (God-bearer) and Ever-Virgin. The word “dormition” comes from the Latin “dormire” which means “to sleep.” It is a translation of the Greek “koimisis” which means “falling asleep.” This is still how Orthodox describe the dead: as those who are asleep. Why? Because we believe, as we are assured in the Scriptures, that our bodies will be raised up at the General Resurrection. Although, sometimes, the word “assumption” is used to describe the death of Mary, the Theotokos and Ever-Virgin, Orthodox theology insists on dormition. The notion of her being assumed, that is, taken up bodily into heaven, although widely accepted, is not a *dogma* of the Church. A dogma is something the belief of which is necessary to salvation. In fact, the apolytikion for the Feast of the Formition speaks of *metastasis*, or “crossing over.” It says she, as Mother of Life (that is, of Jesus Christ), “crossed over” into [eternal] life. Yet, she continues to watch over that which belongs to her Son, that is, the world. The full-text of the apolytikion is as follows:

*In giving birth, O Theotokos, thou hast retained thy viginity, and in falling asleep thou hast not forsaken the world. Thou who art the Mother of Life hast passed over into life, and by thy prayers thou dost deliver our souls from death.*

The Beheading of John the Baptist is a day of strict fast-



Icon of the Dormition: notice that, as the Apostles and the Choir of Angels flank the bier, Christ appears holding Mary's soul in His Embrace. The superscription reads: The Dormition of the Theotokos.

ing, as we do on the Feast of the Elevation of the Holy Cross, on September 14, and as we do on Great and Holy Friday (and every Friday) when we recall what Jesus Christ did for us, when He died on the Cross. John, as last of the Prophets, was the one who baptized Jesus in the Jordan River. At that time, the first theophany took place: God became manifest as Trinity. On August 29, the Beheading of John the Baptist, we remember the event of his beheading by Herod (who, we recall did so at the bidding of Salome and her mother, Herod's brother's wife, whom he, in turn, married). We also remember the evil which human beings inflict upon other human beings and, especially, upon those who are righteous. It is a day of seeking repentance and forgiveness. The Divine Liturgy will be celebrated at the Cathedral on all three Feasts—Metamorphosis (August 6), Koimisis (August 15), and the Beheading of John the Baptist (August 29). In preparation for August 15, the first 14 days of August are a time of fasting. On each of the designated days, we will celebrate the Paraclesis Service and, on August 14, the Eve of the Feast, we will celebrate the Great Vespers.

Why is the Lord's presence promised to two or three? Because there, where two or three are gathered in the name of Christ, is the Church, the union of faith and love; there is mutual love.

Saint John of Kronstadt  
Nineteenth Century, Russia



FOOD FESTIVAL: FRIDAY-SUNDAY, SEPTEMBER 28-30

During the summer, everyone at the Cathedral is busy planning for our Food Festival, which will take place on our grounds at 245 Valencia Street, San Francisco, Friday through Sunday, September 28-30. A wonderful three-day celebration is being planned. New this year are expanded children's activities, under the oversight of Grace Koutoulas and her committee. In fact, this year, the entire parking area will be used for festival purposes (there will no parking on the back part of the lot). A third of the lot will be used for children's activities, and vendors will be spaced throughout, with the band and dancing along the Valencia Street side of the lot, where music will mingle with the aroma of gyros and, also new this year, calamari. Additionally, a portion of the proceeds (the entire income from the Festival's raffle) will go to **Ariana's Cure**.

Two mailings will go out during the summer: the first will consist of a contract for the souvenir album, giving parishioners and friends the opportunity to support the Festival by taking out an ad in memory of a loved one, to honor a graduate or celebrate an anniversary or the birth of a child or, in the case of a business, the opportunity to promote your business. Also included in the first mailing will be a form inviting you to sponsor one or more of the food items will be featured at the Festival. The second mailing will consist of the fliers and free admission cards, which parishioners are asked to share with their neighbors and friends, as well as two books of raffle tickets. Look for the mailings the beginning part of July as well as the beginning part of August.

Foula Vasilogiorgis will, once again, serve as overall chairman, along with Michael Canellos, who has taken on the additional responsibilities of procurement and the cooking schedule; Manuel Pappas, licensing, permits and parking; Darrell and Tula Chase, set-up and décor; Angie Leventis / Philoptochos, pastries, Loula Vriheas, (along with Popi Zakis and Despina Kokalis) kitchen, Tessie Calligeros, tents, vendors; Angie Leventis and Presbyteria Alikì Kyriacou, souvenir book; Susan McLaughlin, promotion, Grace Koutoulas, Children's activi-

ties, Yvonne and John Stamatakis, Pastitsio and Mousaka, and Caroline Pappajohn and Jim Dariotes, volunteers. Other food chairmen include: Athena Stavrakaras, Gyro, Katherine Dermitzakis, Koulourakia; Rose Sogotis, Spanakopita, Rizogalo and Fasolakia; Effie Makras, Baklava prep., Pat Destein, Galaktoboureko; Angie and Ted Leventis, Bell Peppers; Spiridoula Stavropoulos, Dolmades, John Panomitros, Souvlakia; Soteria Panagiotopoulos, Kataifi; and Tessie Calligeros, Tiropites.

The cooking schedule is as follows:

Date	Item	Time
Friday, July 27	Koulourakia	9 to 5
Wednesday, August 8	Spanakopita	9 to 5
Thursday, August 9	Spanakopita	9 to 5
Wednesday, August 15	Baklava Preparation	9 to noon
Wednesday, August 15	Fasolakia	9 to 5
Thursday, August 16	Baklava	9 to 5
Wednesday, September 12	Galaktoboureko	9 to 5
Wednesday, September 19	Bell Peppers	9 to 5
Monday, September 24	Dolmades	9 to 5
Tuesday, September 25	Souvlakia Preparation	5:30 p.m. to 10 p.m.
Wednesday, September 26	Rizogalo	9 to 5
Week of August 20	Tiropites	
Mid-September	Mousaka, Pastitsio and Kataifi	

We invite you to participate in the preparation as well as the enjoyment of our wonderful Food Festival. For further information, please call the Cathedral office at 415 864-8000.





## A BLUE AND WHITE BALL

**A**s we announced in the June Herald, an additional celebration is being planned in connection with the Feast of the Annunciation. March 25th is the Cathedral's feast day. We celebrate it with Great Vespers and, of course, the Divine Liturgy. Following the Liturgy, we hold a luncheon and name a Woman of the Year. Typically, since March 25th falls within the Great and Holy Lent, we refrain from any other kind of celebration. However, it is time we change all that. And this is because, given the unique role of the Cathedral as the ecclesiastical center for the Metropolis, as well as the fact that we will be embarking on a building program, we need to draw attention to it and to its undertakings. Therefore, beginning in 2008, and in view of the fact that Pascha will fall later in April (April 27, to be exact), we will hold a spring ball. A stroke of genius, expressed at our May 24th Philoptochos meeting, that it be known as the *Blue and White Ball* settles it. (Why not? After all, blue and white are the colors of the Greek flag, and they are our parish colors!) We are planning to hold the *Blue and White Ball* every year. While the ball will be known as the *Blue and White Ball*, each year we will do something different, like launch a building program, or burn a mortgage, or honor individuals, or families, and their services to the community. We will begin, in 2008, by honoring the Ladies Philoptochos. Established in 1934, the Philoptochos (literally, "friend of the poor") has played a vital role in the development and maintenance of the Cathedral. It was even in the forefront of the Cathedral's rebuilding efforts, by raising and contributing the first \$1 million. So, we ask you to *save the date*. The date is Sunday, **March 9, 2008**. The Cathedral's *Blue and White Ball* will take place at Westin Hotel, Burlingame.

## COMMUNITY LINK

**C**ommunity Link, now in its third year, is a Cathedral ministry, which consists of monthly visitations by volunteers to seniors, shut-ins and folks in distress. Community Link invites you to be a part of its "team." It meets at the Cathedral the third Saturday of each month at 9:00 a.m. Following prayer and visit arrangements, we begin our visits by 10:00 a.m., and we conclude by noon. A few hours, well spent! To become a part of Community Link, or for further information, please contact **Caroline Pappajohn** at cpappajohn@yahoo.com or 415-699-5633. Our next visitation will take place on Saturday, July 21, 9 a.m. to noon. For the remainder of 2007, we will meet on August 18, September 15, October 20, November 17, and December 15. Thank you for keeping in touch, through Community Link.

## THE CATHEDRAL'S ON LINE DONATIONS LINK IS UP AND RUNNING

**T**he on-line donations feature of our web site, which we call *e donations*, has been utilized extensively in connection with donations to Ariana's Cure, which helped raise over \$100,000 for Morquio research. Thanks to the efforts of **Nick Rally**, who set up the program, making contributions to the Cathedral and to its various ministries has been greatly simplified. To donate to the Cathedral electronically, simply log on to our site ([www.annunciation.org](http://www.annunciation.org)). Then, click on "Donations." A page comes up which invites you to: --donate to the General Fund, --make a Stewardship Payment, --donate to the Youth Fund, --donate to the Community Outreach/Ministries

Fund, --make a Memorial Donation, --donate to the Food Festival Fund

After clicking on the appropriate button, you will be asked for additional information, including your credit card number, your name and address, and the amount you would like to contribute. The information you provide will go through a secure processor. The processor (PayPal) will then see to it that the funds are transferred, as you direct. The Cathedral, in turn, will receive a report from the processor and credit your account accordingly. Of course, you may continue to make your contributions in the traditional method, by check or by Visa, Mastercard or American Express.

Now, with the addition of the *e donations* feature to our web site, parishioners and friends of the Cathedral have additional options for expressing their financial support.



Do not refuse a request to pray for the soul of another, even when you yourself lack the gift of prayer. For often the very faith of the person making the request will evoke the saving contrition of the one who is to offer the prayer.

Saint John Climacus  
Sixth Century, Mount Sinai



## ΚΟΙΝΟΤΙΚΑ ΝΕΑ ΚΑΙ ΑΝΑΚΟΙΝΩΣΕΙΣ

### ΠΑΝΩ ΑΠΟ 100.000 ΣΥΛ- ΛΕΧΘΗΣΑΝ ΓΙΑ ΤΗ "ΘΕΡΑΠΕΙΑ ΑΡΙΑΝΑΣ"

Όπως εσημειώσαμε στο αγγλικό μέρος του παρόντος δελτίου, η μικρή Αριάννα Καλλίρη, κόρη του Γιώργου και της Ευγενίας Καλλίρη, πάσχει από μια πολύ σπάνια ασθένεια. Αυτή η ασθένεια λέγεται "Μορκίο" την οποία έχουν όχι πάνω από 350 παιδιά σ' όλη την Αμερική (γι' αυτό και η Κυβέρνηση δεν έχει καταβάλλει προσπάθεια ώστε να βρεθεί η σχετική θεραπεία). Εν τούτοις γίνονται έρευνες, μαλιστα ένας γιατρός, ο Σόζι Τομάτσου, έχει απομονώσει το έμζυμο που λείπει από παιδιά που πάσχουν απ' αυτή την ασθένεια. Προβλέπεται όπως, στην επόμενη δεκατετία, θα θεραπεύονται παιδιά που γεννιούνται με "Μορκίο". Το Σάββατο 2 Ιουνίου ο Καθεδρικός Ναός οργάνωσε δείπνο, στον οποίο παρακάθησαν πάνω από 550 άτομα και παρακολούθησαν την αναφορά του γιατρού. Μαζί με δωρεές οργανώσεων -- κοινοτήτων, συλλέχθηκαν πάνω από 100.000 δολλάρια για την ενίσχυση των ερευνών, πράγμα το οποίο μας αποδείχνει ακόμα μια φορά αυτό που μας λέει ο Κύριος, ότι η πίστη μετακινεί βουνά.

### Ο ΜΙΧΑΛΗΣ ΚΑΝΕΛ- ΛΟΠΟΥΛΟΣ ΠΑΤΕΡΑΣ ΤΟΥ ΕΤΟΥΣ

Στην εορτή του Πατέρα, που οργάνωσε η Φιλόπτωχος Αδελφότητα στις 17 Ιουνίου, ο Μιχάλης Κανελλόπουλος ονομάστηκε Πατέρας του Έτους. Ο Μιχάλης είναι γνωστός ως ο υπεύθυνος για την νεολαία και προ παντός για τα αθλητικά προγράμματά της. Βοηθά, όμως, σε πολλούς τομείς της κοινοτικής μας ζωής, και προ παντός στο φεστιβάλ του Καθεδρικού Ναού. Είναι γυιός της Μαρίας και του αειμνήστου Γιάννη Κανελλοπούλου, αδερφός της Ιωάννας, σύζυγος της Έλλεν, και πατέρας του Γιώργου, της Μαρίας και της Κίμπερλυ. Γεννήθηκε στον Άγιο Φραγκίσκου, όπου σπούδασε δικηγόρος. Η πρώτη του αγάπη, όμως, είναι η νεολαία. Επίσης αγαπά τη Φιλόπτωχο και εκτιμά το έργο που εκτελεί, που είναι η φροντίδα και η μέριμνα για αυτούς που πάσχουν, η που υστερούν τα υλικά αγαθά που οι περισσότεροι από μας απολαμβάνουμε -- μεταξύ των οποίων είναι τα πιο βασικά, η στέγαση και το φαγητό. Άξιος!

### ΑΠΟΝΟΜΗ ΥΠΟΤΡΟΦΙ- ΩΝ

Επίσης, κατά την εορτή του Πατέρα, έγινε η απονομή υποτροφιών. Οι υποτροφίες αυτές είναι μια οικονομική ενίσχυση, 500 η 1.000 δολλαρίων, που παρέχει η Κοινότητα του Καθεδρικού Ναού σε παιδιά που σπουδάζουν σε κολλεγία ή σε πανεπιστήμια. Τα πέντε παιδιά είναι, ο Νίκος Μανόλης Μπαλιάν (Υποτροφία Αργυρή), ο Γιάννης Παύλος (Υποτροφία Μπαγατέλου), η Ιουλιανή Χρηστίνη Ρότερ (Υποτροφία Φιλοπτώχου), ο Κώστας Τσαγκάρης (Υποτροφία Τσικίτα), και ο Νίκος Τσουγκαράκης (Υποτροφία Πάππα). Ο Καθεδρικός Ναός θα ήθελε, από του χρόνου, να δίνει υποτροφίες των 1.000 έως 2.500 δολλαρίων (πράγμα που σημαίνει την αύξηση των σχετικών ταμείων), με στόχο η κάλυψη όλων των διδασκτρων, προ παντός για παιδιά που δεν θα μπορούσαν να σπουδάσουν χωρίς κάποια τέτοια βοήθεια. Συγχαίουμε τα παιδιά μας και τα ευχόμαστε καλές σπουδές.

### ΑΥΓΟΥΣΤΟΣ -- ΙΕΡΟΣ ΜΗΝΑΣ

Όσοι γνωρίζουν τον καιρό στη Μεσόγειο κατά τον Αύγουστο ξέρουν καλά γιατί όλοι που ζούν σ' εκείνες τις χώρες πηγαίνουν για διακοπές αυτό το μήνα. Ζητούν "καταφύγιο". Η Εκκλησία, τόσους αιώνες τώρα, μας παρέχει καταφύγιο -- μία δροσιστική "όαση" -- δίνοντάς μας τις μεγάλες γιορτές της Μεταμόρφωσης, της Κοίμησης, της Αποτομής

The human family constitutes the primary and essential element of human society. Peace in society will be a direct result of peace in the family.

*Saint John Chrysostom, Fourth Century, Antioch*



της Κεφαλής του Προδρόμου. Η τελευταία, μάλιστα, είναι ημέρα νηστείας, όχι μόνον για το γεγονός της αποτομής (διότι σε καμμία άλλη γιορτή αγίου - - γιορτή με την έννοια την ημέρα που μαρτύρησε, που πέθανε - - δεν νηστεύουμε) αλλά για να μετανοήσουμε, να απαλλαχθούμε από την ανθρωπινή μας κακία - - που παρουσιάζεται τότε ως φόνος, τότε ως εκμετάλλευση, πάντα για συμφέροντα, τότε ως βία η ως κατάχρηση - - μιλάμε δω για αθώα παιδιά, για ναρκωτικά, κλπ., και να μπορούμε, ατομικά, κοινωνικά, σαν κράτη και σαν έθνη, στον "δρόμο του Θεού". Νηστεύουμε επίσης τις πρώτες 14 μέρες του μήνα, ψάλλοντας, ως έχει καθοριστεί, την Παράκληση στη Θεοτόκο, που σαν "Μητέρα της Ζωής" και σαν αυτή που δεν εγκατέλειψε τον κόσμο ακόμα και αν πέθανε σωματικά ("μετέστης πρὸς τὴν Ζωὴν" λέει χαρακτηριστικά το απολυτικιο της γιορτής) εξακολουθεί να μεσιτεύει για τον κόσμο, να φροντίζει για μας. Ο Καθεδρικός Ναός, που είναι αφιερωμένος στην Παναγία (ως Εὐαγγελισμός της Θεοτόκου) την τιμά, τελώντας και την Θεία Λειτουργία ανήμερα της γιορτής, ως και τον Μεγάλο Εσπερινό την παραμονή της γιορτής.

## ΤΟ ΕΦΕΤΙΝΟ ΦΕΣΤΙΒΑΛ

Το φεστιβάλ του Καθεδρικού Ναού, όπως έχει ανακοινωθεί, θα γίνει στις 28, 29 και 30 Σεπ-

τεμβρίου. Στο αγγλικό μέρος του παρόντος δελτίου θα βρείτε το πρόγραμμα - - τις ημέρες και τις ώρες - - που θα ψηθούν τα διάφορα φαγητά που θα σερβιριστούν κατά την διάρκεια του φεστιβάλ, με την ελπίδα και την προσδοκία ότι, όπως κάθε χρόνο, θα έλθετε να βοηθήσετε. Αναφορικά με το φεστιβάλ του Καθεδρικού Ναού, θα σταλλούν στα μέλη μας και στους φίλους του Καθεδρικού Ναού 1) έντυπα για να δηλώσετε η την χρηματική προσφορά σας ώστε να καλυφθεί το κόστος των διαφόρων φαγητών η προς αγοράν σελίδας στο αναμνηστικό βιβλίο,

τιμώντας την γέννηση νέου παιδιού, η την επέτειο γάμου, η την μνήμη προσφιλούς μέλους της οικογενείας σας η ακόμα διαφημίζοντας την επιχείρησή σας, και 2) κάρτες-διαφημιστικά είδη για να μοιράσετε σε γνωστούς, συναδέλφους η γειτόνους σας ως επίσης και εισιτήρια για το λαχείο που γίνεται εν σχέσει με το φεστιβάλ, οι εισπράξεις του οποίου έχουν καθοριστεί για την "Θεραπεία της Αριάνας". Αυτά όλα θα σταλλού κατά τις αρχές του Ιουλίου και κατά τις αρχές του Αυγούστου.

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## Sacraments & Services

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### CHRISMATION

Bonnie Grampsas was received into the Orthodox Church through the Sacrament of Holy Chrismation on June 24. Her Sponsor is EFFIE VELLIS.

### BAPTISMS

Alexander Mariano, son of Dustin and Chrisoula Novo, was baptized at the Cathedral on June 23. His Godparents are Nick and Angela Loxas.

Da'liah Leah, daughter of Delwan Blazer and Helen Woldemicael, was baptized at the Cathedral on June 24. Her Godparent is Helen Andy.

*Na maz zisoun!* (Long life)

### FUNERAL

Gus Cusulos, who fell asleep in the Lord on June 8, was buried on June 20. He is survived by his wife, Nan Cusulos, and their children, Stacy, Vicky, and Tim and their families.

*Aionia I mnimi.* Eternal memory.

### PERASTIKA (GET WELL)

The Cathedral extends heartfelt prayers and best wishes to Father Theophilos P. Theophilos, Dean Emeritus of the Cathedral. Father Theophilos is recovering, in Palm Desert, California, from a fractured hip.



# JULY - AUGUST CALENDAR

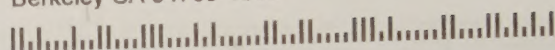
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	2	3	4	5	6	7
8 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	9	10	11	12	13	14
15 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	16 Basketball Camp 10 a.m. to 3 p.m.	17 Basketball Camp 10 a.m. to 3 p.m.	18 Basketball Camp 10 a.m. to 3 p.m.	19 Basketball Camp 10 a.m. to 3 p.m.	20 Basketball Camp 10 a.m. to 3 p.m.	21
22 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	23	24	25	26	27 Koulourakia 9:00 to 5:00	28
29 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	30	31	August 1 Paraclesis 10:00 a.m.	2 Paraclesis 10:00 a.m. Family Camp	3 Paraclesis 10:00 a.m. Family Camp	4 Family Camp
5 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m. Family Camp	6 Metamorphosis, Liturgy 10:00 a.m. Family Camp	7 Paraclesis 10:00 a.m. Family Camp	8 Paraclesis 10:00 a.m. Spanakopita 9 to 5	9 Paraclesis 10:00 a.m. Spanakopita 9 to 5	10 Paraclesis 10:00 a.m.	11
12 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	13 Paraclesis 10:00 a.m.	14 Great Vespers 7:00 p.m.	15 Dormition, Liturgy 10:00 a.m. Baklava Preparation 9 to noon Fasolakia 9 to 5	16 Baklava 9 to 5	17	18
19 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	20	21	22	23	24	25
26 Orthros 9:00 a.m. Divine Liturgy 10:30 a.m.	27	28	29 Beheading of John the Baptist, Liturgy 10:00 a.m.	30	31	



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## LOOKING AHEAD

Sunday, September 9 . . . . . Sunday School Resumes  
Sunday, September 16 . . . . . Western Barbeque  
Friday, September 28-  
Sunday, September 30 . . . . . Food Festival  
Sunday, October 21 . . . . . Parish Assembly  
Sunday, November 18 . . . . . Thanksgiving Luncheon  
Honoring our Seniors  
Sunday, December 16 . . . . . Sunday School Christmas  
Program  
Parish Council Elections  
Sunday, March 9, 2008 . . . . . Annunciation Cathedral  
Blue and White Ball:  
*Honoring Philoptochos*

## WHAT'S HAPPENING WITH OUR DANCE PROGRAM?

**A**s reported in our June *Herald*, our junior groups, *Seizmos* and *Ta Angelakia*, will be hosting workshops for the purpose of developing styling as well as becoming better acquainted with some of the dances they will be learning in preparation for their various performances during the year, such as the Cathedral's annual Food Festival, as well as for next year's FDF. The initial workshop will take place on Thursday, July 5. **Joe Graziozi**, who has taught Greek dance for many years and has served as one of the judges at FDF (Folk Dance Festival), will lead the workshop. For further information about the workshop, as well as the Cathedral's dance program, please E mail **Athena Stavrakaras**, [haniotisa@hotmail.com](mailto:haniotisa@hotmail.com). The groups will continue to practice during the course of the summer.